

Sunday Star-Ledger

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SOMERSET/HUNTERDON EDITION

TODAY'S FORECAST: Breezy and cool
with clouds and sun.

at 7 A.M. 38° at 2 P.M. 47° at 7 P.M. 41°

DETAILS,
PAGE 51

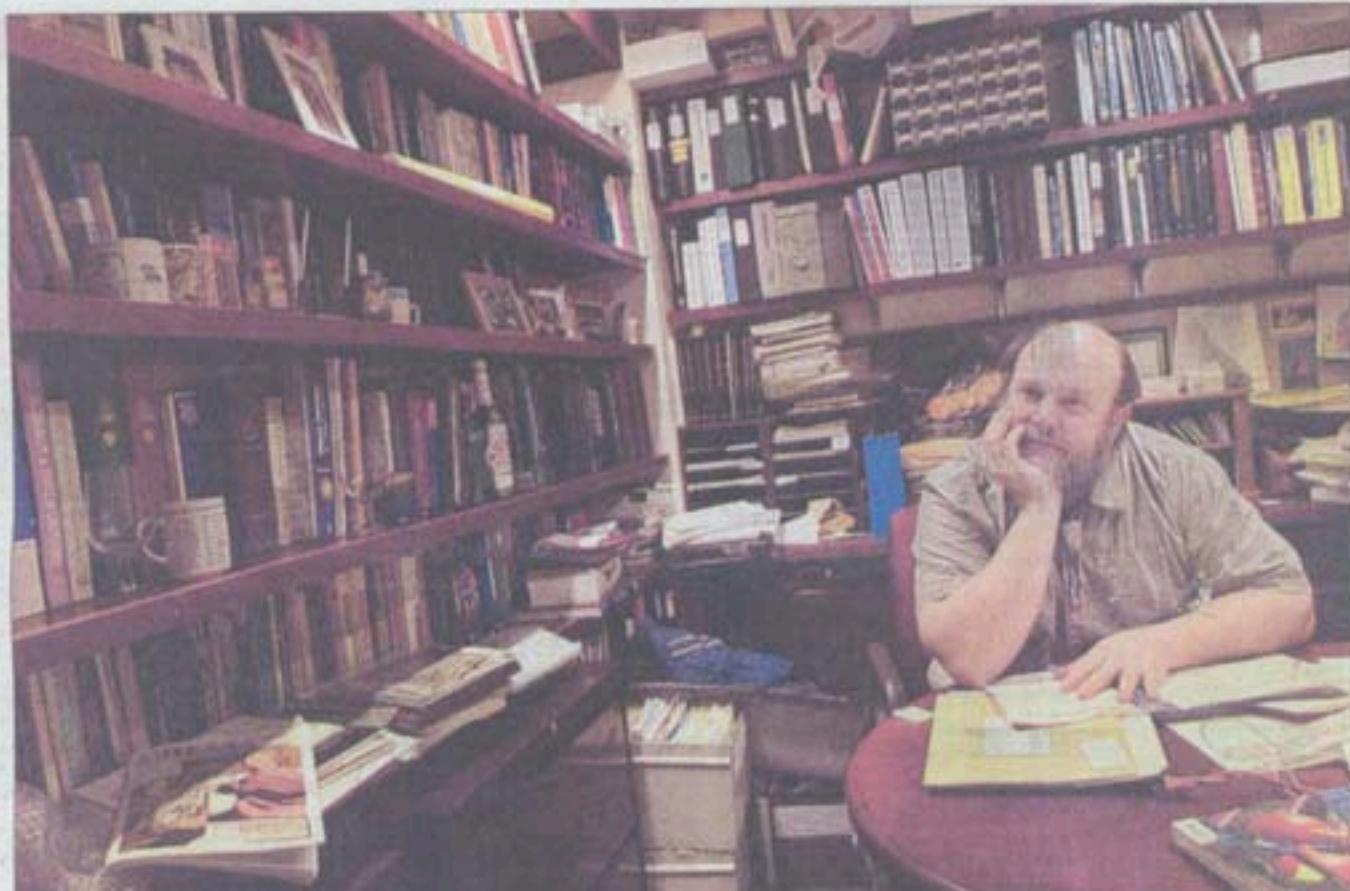
DECEMBER 12, 2004

THE NEWSPAPER FOR NEW JERSEY

The AIDS virus is a quick-change artist that copies itself at lightning speed. But a team of scientists at Rutgers believes it can outsmart the killer.



HIV's crystal key



Above, Eddy Arnold works in his office at the Center for Advanced Biotechnology and Medicine at Rutgers University's Busch Campus in Piscataway. At top, Rutgers researcher Deena Oren uses a nylon loop to harvest a crystal for observation under a synchrotron, a high-intensity, high-energy X-ray source. This process reveals the structure of HIV.

STORY BY KITTA MACPHERSON • PHOTOS BY JERRY McCREA

To change the world, Eddy Arnold has always tried to think small. For nearly 20 years, the Rutgers University chemist has obsessively dismantled the AIDS virus to untangle its deadly submicroscopic machinery. And it is there, in the complex world of the minuscule, he believes he finally has found a magic bullet that stops AIDS in its tracks.

Arnold and his coterie of researchers have developed what they regard as three revolutionary AIDS drugs, each part of a family they call DAPY (which rhymes with happy).

The drugs, they believe, can destroy HIV, the deadly virus that causes AIDS.

To do this, the drugs do as HIV does when it devours immune systems: They change shape. Put another way, DAPYs are master keys that can fit any strand of the virus, regardless of how it tries to disguise itself.

As Arnold says: "We're on to something very, very special."

Understanding and controlling this flexibility is cru-

cial because HIV's biggest challenge to science and medicine has been its ability to consistently mutate, outrunning any drug or vaccine custom-designed to quash it. And unlike other treatments that focus on blocking HIV from entering healthy cells or from containing contaminated ones, DAPYs do so a lit firecracker by interfering with any of the 20,000 steps HIV takes to copy itself at warp speed.

At the core of this discovery is reverse transcriptase — the villain in this story and a submicroscopic protein not normally found in healthy human cells. The team believes RT is the ideal protein to disable because it

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Purest heroin in U.S. hit Jersey streets

Drug's power nearly twice national average

BY JUDITH LUCAS AND BRAD PARKS
STAR-LEDGER STAFF

Within the next few weeks, the federal Drug Enforcement Agency will announce what every junkie in the state already knows: New Jersey has the country's purest heroin.

For the second straight year, DEA lab tests of samples bought on the street will show unprecedented levels of heroin purity. In 2002, New Jersey heroin was 71.4 percent pure, nearly twice the national average. A report on the 2003 numbers will be out soon, according to federal DEA spokesman Rusty Payne, and New Jersey again will hold the nation's top spot.

"You can't buy any better heroin in the world than you can buy in New Jersey," said Michael Pasterchick, special agent in charge of the Newark DEA office.

The dubious distinction presents a chilling set of health challenges, authorities said, from greater risks of overdose and death to new difficulties trying to treat addicts.

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McGreevey lives possibly by his own rules

Phone does not ring for former governor

BY DEBORAH HOWLETT
STAR-LEDGER STAFF

Former Gov. James E. McGreevey started for the politically connected Parsippany law firm Weiner Lesniak on Dec. 1, but otherwise his transition from disgraced public official to private citizen has been a monthlong lesson in humility.

He has separated from his second wife, Matos, and traded the elegance of Drumthwack for a two-bedroom apartment in Rahway. Political associates don't return his calls, and all but his closest friends stay away in droves.

Even something as mundane as a midweek dinner can reinforce all he has lost, as Wednesday when McGreevey crossed paths with Democratic power broker John Lynch at Ristorante Benito in Union.

Lynch greeted his former protégé tersely and gruffly dismissed him, according to two people who were there, leaving McGreevey to dine on Dove at a separate table with his new bosses, Ray Lee and Paul Weiner.

Lesniak, like most of the former governor's former political allies, did not respond to a request for comment.

[See McGREEVEY, Page 43]

IN OTHER NEWS

Bush tackles Social Security

Setting out to overhaul Social Security, the president will face obstacles. Republicans want a heavy hand, Democrats are opposed, and then there are the fighting-mad senior citizens. Page 4

Candidate poisoned in Ukraine

Presidential contender Viktor Yushchenko was given dioxin, his doctors said, adding that the highly toxic chemical could have been put in the

As Kerik apologizes for 'mistake,' N.J. frets over

BY MARK MUELLER
STAR-LEDGER STAFF

Bernard Kerik, who abruptly withdrew from consideration to lead the Homeland Security Department over the tax and immigration status of a nanny he employed, apologized yesterday for making a "stupid mistake" that he said had caused embarrassment to the Bush administration.

Kerik, a Paterson native who gained prominence as New York City's police commissioner, told reporters outside his Franklin Lakes home that he had little choice but to withdraw as President Bush's nominee after discovering he had not paid all required taxes associated with the woman's employment and that she may have been in the country illegally.

The discovery followed Kerik's repeated assurances to White House officials who had been vetting him for the nomination that he did not have a so-called "nanny problem," which has scuttled three high-level Cabinet appointments in the past 11 years.

"This is my responsibility," Kerik said. "It was my mistake. It wasn't a mistake made by the White House. I

think during the campaign it was something in a deeper, clearer sense something that I didn't fully understand forward on. It was a mistake I made in the process of getting involved in politics."

Pulling out of the Senate confirmation hearing, he said, was the issue was a "political decision" made by the White House. [See

Life cycle: How HIV infects cells and reproduces



The four classes of drugs that target HIV's actions:

(Continued from Page One)

offers so many opportunities to be blocked.

The most promising of the three DAPY drugs in the family is a new supercompound known as R278474. Because DAPY's can be delivered in just one pill instead of the present drug cocktail taken by millions of AIDS patients, Arnold and others believe they are another step closer to the goal of creating a cheaper, more effective way to stay ahead of the epidemic.

So far, tests conducted internally at New Brunswick-based Johnson & Johnson indicate the drug is a snap to synthesize, is easily absorbed with minimal side effects and shows promise as a once-daily, low-dose oral treatment.

For researchers on the front line, R278474 and its cousins may be that magic bullet.

"This could be it," said Stephen Smith, a physician/scientist who directs the department of infectious disease at Saint Michael's Medical Center in Newark. "We're all looking for the next class of drugs."

Smith manages dozens of clinical trials testing AIDS treatments and said the idea underlying the new RT inhibitors makes sense.

"Reverse transcriptase is very important in the biology of AIDS," Smith said. "If you can really inhibit reverse transcriptase, you can stop AIDS."

This is the story of how a team of AIDS researchers remained true to their instincts about reverse transcriptase during nearly 20 years of painstaking research — even when the rest of the scientific world was spinning in another direction.

THE CHALLENGE

It will take an extraordinary remedy to beat AIDS for good. After being held in

diarylpurimidine at their core. The other two compounds — dapsivirine or TMC-120, and etravirine or TMC-125 — have gone through early phases of clinical trials. Making it through those experiments, shows the compounds hold great promise to win federal approval.

Details of R278474 will be published early next year in the *Journal of Medicinal Chemistry* to be dedicated to "Dr. Paul," the Belgian physician-scientist, who died in 2003, was known to colleagues. On Nov. 11, Arnold's team pre-published details in the electronic edition of the *Journal of Medicinal Chemistry*. The article represents the pinnacle of their work.

R278474 never would have existed without Janssen's work 14 years earlier. In 1990, he published a paper in the science journal *Nature* describing a new drug that blocked HIV's key protein, reverse transcriptase. Problem was, the compound caused resistant strains to pop up too quickly, infecting cells with offspring that had tiny mistakes in their genetic code. That meant drugs designed to target a specifically formed virus could fail to recognize and treat mutant strains.

Unable to see this relationship between the drug and the killer virus under a microscope, Janssen needed a scientist to make a crystal that would combine reverse transcriptase with his experimental compound. He was told there were only three people who could do it.

Arnold was one of them. Together — along with Hughes and other determined colleagues — they embarked on a journey

1. The virus floats in the bloodstream along with thousands of other cells and microscopic organisms,
2. Receptors on the outside of the virus seek and attach to receptors on healthy cells, typically human immune cells,
3. The virus then fuses into the cell, sending its genetic material toward the cell's nerve center, the nucleus.

Fusion / entry inhibitors

A new class of drugs seeks to disrupt the virus's docking mechanics, keeping the virus from connecting and fusing into a host cell.

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Reverse transcriptase inhibitors

One of the first treatments developed, they seek to block the machinery that creates DNA. Without the DNA the virus cannot take over the host cell. Mutations have enabled the virus to overcome many of these drugs. The drug being developed by Eddy Arnold's team is this type; see below.

Resistance and the DAPY compounds

How resistance happens

"Simply put, the virus, in its endless rounds of replication, constantly makes copies of itself that contain tiny mistakes in genetic code, producing offspring that are slightly different.

If the differences change the part of the virus a drug was targeting, the drug may no longer be effective and the virus is said to be a "resistant" strain. As viral varieties targeted by drugs die off, mutant strains thrive, ultimately predominating.

How DAPY compounds avoid resistance

Early RT inhibitors were rigid. They jammed a "pocket" that is part of the machinery of RT. But new virus strains had a differently shaped pocket, and the inhibitors were rendered obsolete.

The DAPY compound is flexible and essentially "wiggles and jiggles" to jam the pocket on each strain of the virus. It is a master key seemingly made of Sally Putty, so far overcoming resistance that foiled earlier RT inhibitors.

ANDREW GARCIA PHILLIPS, THE STAR-LEDGER
SOURCE: Center for Advanced Biotechnology and Medicine, Rutgers University and UGNG
IMAGE: COURTESY OF ANDREW GARCIA PHILLIPS, THE STAR-LEDGER

HIV does this through X-ray crystallography, an increasingly popular technique used in chemistry and biology to determine the structure of molecules — the smallest particles of an element or compound that can exist and still retain all the same characteristics.

Arnold, whom you might find in a shirt and bolo tie one day and a rock 'n' roll band's T-shirt the next, always has enjoyed complex puzzles. Growing up in Pittsburgh he was completing 500-piece jigsaw puzzles at age 3. By 10, he was up to 2,000-piece sets.

Even now, when Arnold sits in his book-lined office deep in the cavernous Center for Advanced Biotechnology and Medicine, he can close his eyes and see thousands of atoms that make up RT.

Reverse transcriptase is composed of two coiled chains of amino acids, the same building blocks found in egg whites, milk, blood and meat. The protein is minuscule; if laid lengthwise on a ruler, you could fit about 2.5 million RTs within one inch. Though easily mistaken for a tangled piece of confetti, RT is a highly complex machine. Composed of chains containing combinations of 20 amino acids, it is folded in unpredictable ways. Scientists believe there are patterns in these ribbons, but no one has deciphered them.

RT inhibitors interfere with an enzyme that HIV needs to copy itself. If the enzyme fails to function, HIV cannot insert itself into a human host cell and will die. Compared with HIV's other proteins, protease and integrase, RT is monstrous and complex, a

super-duper lab of the world ...

Each panel shows a different HIV strain with a "pocket" whose shape is slightly different from the others.

Because of the DAPY compound's flexibility, it can effectively jam each variation.

His salary is consistent with that of other researchers at the lab of eminent scientist Andrew Garcia Phillips, the Star-Ledger SOURCE: Center for Advanced Biotechnology and Medicine, Rutgers University and UGNG IMAGE: COURTESY OF ANDREW GARCIA PHILLIPS, THE STAR-LEDGER

4. Another enzyme, called integrase, takes this viral DNA and inserts it into the host cell's DNA. Once complete, this cell is permanently infected and begins creating more virus.

Integrase inhibitors

Theoretically, this class of drugs would disrupt the process of combining the HIV DNA and host DNA. So far, this treatment has been difficult to develop.

during its development.

Protease inhibitors affected the virus in a late stage of its reproductive cycle, meaning the new virus zapped the virus and already-infected immune cells, slowing the lethal spread from virtual virus factories. When combined with other drugs in the so-called "AIDS cocktails," protease inhibitors are highly effective in extending lives. Their efficacy produced the flawed perception that the disease finally had been beaten. It also nearly killed funding for research on new versions of older drugs.

"When I first heard the results of the protease inhibitors, I thought, 'Boy, this is really going to change the treatment paradigm,'" said Norbert Bischofberger of Gilead Sciences, who has been championing RT inhibitor research since 1989. "Euphoric would be a good word for what we felt."

After protease inhibitors were featured at an International AIDS meeting in July 1996 in Vancouver, British Columbia, Wall Street's enthusiasm for other research flared.

"Analysts and investors would say to me, 'We're done. Right?'" Bischofberger said.

But science had tamed the tiger only in places where patients could afford medications.

Bischofberger urged Gilead, his firm, to press ahead.

"In science, this is a long-term effort. Projects can take 10 to 12 years," he said. "You can't pay attention to where the wind is blowing at one particular moment. If you believe in something you just have to keep moving toward your goal."

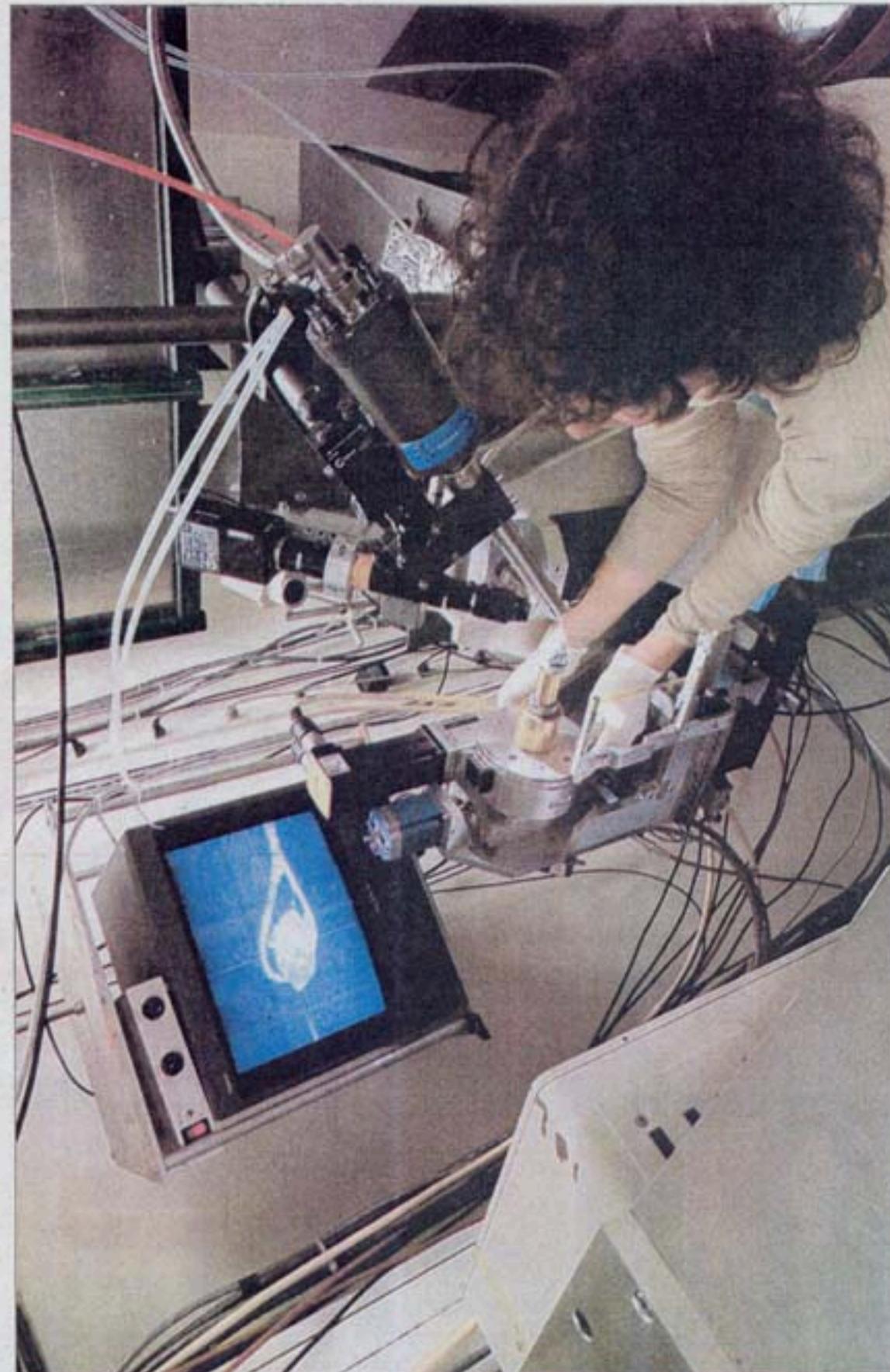
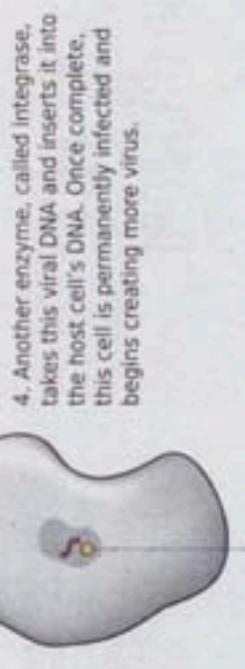
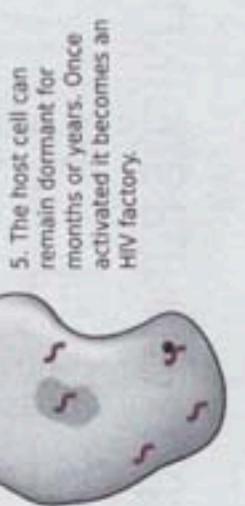
Arnold's team hung on, too.

They knew what they had to do: thwart reverse transcriptase. And they knew they needed a magical crystal, of sorts, to light

6. An enzyme called protease triggers the final assembly of the virus. Once assembled, the virus breaks away, ready to infect another host.

Protease Inhibitors
These drugs disable the protease enzyme so the new virus does not mature and is noninfectious. Side effects and resistance have made these drugs increasingly unpopular.

5. The host cell can remain dormant for months or years. Once activated, it becomes an HIV factory.



Rutgers researcher Deena Oren lines up a reverse transcriptase crystal for observation at the synchrotron at Cornell University.

images that had been eluding the team for so long.

ONE MORE HURDLE

In fall 2003, after a year of fine-tuning, testing and writing, editors at both *Science* and *Nature* rejected Das' paper on the work, saying it was focused on drug development and not of sufficient general interest. "The team took it hard, especially since, as Arnold put it, the work may be 'the best thing we've ever done.'

With nearly two decades invested, they had little choice but to forge ahead and run experiments to understand what made the DAPY drugs work so well. They also studied the mechanism of resistance in RT — how it occurs, step by step, on a molecular level.

Finally, Das published the results of the team's work on the DAPY crystal in May 2004 in the *Journal of Medicinal Chemistry*. By summer, molecular flexibility was the talk of a meeting at the National Institutes of Health. It remains a popular theme among researchers.

Meanwhile, TMC-120 and TMC-125 — the older cousins to the Super DAPY — have shown great promise in Phase I and Phase II trials the past two years.

Smith, the AIDS expert at Saint Michael's Medical Center, said clinical trials testing safety and effectiveness of TMC-125 are moving apace. He already is enrolling patients for Phase III, the all-important stage in which the federal government assesses patients before approving or rejecting a drug.

Any company embarking on such a multimillion-dollar endeavor is committed to bringing the drug to market, Smith said. Johnson & Johnson officials confirm TMC-120 and TMC-125 are of major interest to them. But they won't discuss R278474.

In the end, one or more of the DAPY compounds could represent J&J's first foray into the multibillion-dollar market for AIDS drugs. If TMC-125 moves successfully through its third phase, which would last about two years, it could be approved by the Food and Drug Administration in 2007.

For Arnold — who lives in Belle Mead with his wife, Gail, and their daughters, Lizzie, 14, and Emma, 10, and pet hedgehog, Thistle — a successful drug will mean he has helped win an important battle. "We may eventually win the war against HIV/AIDS. That would be an extremely rewarding and satisfying outcome," he said. "But even to have contributed to helping the health and well-being of the many people infected by HIV will be very satisfying if that were to happen."

Until then, the clock continues ticking as Arnold and his team work on their latest project, an AIDS vaccine — one of the most difficult-to-achieve scientific goals in history.

"Only the impossible is worth doing," Arnold said.



Above, Eddy Arnold, left, and crystallographer Kalyan Das examine data gathered from a reverse transcriptase crystal at the synchrotron at Cornell University.

From left, Stefan Sarrafano of the Center for Advanced Biotechnology and Medicine in Piscataway, Stephen Hughes of the National Cancer Institute and Michael Pamiak, a biochemist at the University of Pittsburgh School of Medicine, use special glasses to view three-dimensional computer models of reverse transcriptase crystals bonded with drug compounds.



two and always got results. That is, until he ran into DAPY.

For more than a year, Das blasted through hundreds of crystals at CHESS and other synchrotrons. Still, he could not obtain useful data.

"We had the crystals and they didn't diffract," said Das, meaning samples failed to yield patterns revealing chemical structure. "That was surprising and frustrating. I knew I was doing everything right."

In October 2002, the Rutgers lab crystal

THE BREAKTHROUGH

A crystallographer with just the right mix of chutzpah, luck and intelligence, can believe he has a shot at understanding any living thing.

Even if a molecule is too tiny to see with a microscope, a crystallographer can figure out its shape and composition — what scientists call its structure. About 2 o'clock one spring night in 2000, Rutgers University physicist-turned-crystallographer Kalyan Das was sitting before a computer monitor in the basement of his Edison townhouse.

He stared at an image of a DAPY drug — TMC-120 — that had been shown in lab studies by scientists at Tibotec Viro. There was a hitch, though: The people who made the compound did not yet understand exactly how it worked.

How is it, Das wondered, that the compound could fit so neatly into the cleft of so many versions of the viral protein, effectively blocking its copying action? To do this, the molecule he was viewing had to wiggle.

Just then, he thought back to his childhood, to the winding caves near a Hindu temple his family attended in India. He remembered how he had to twist and turn to make it back toward the light.

Das then reasoned that the atoms at the extreme end of the compound exhibited "torsional flexibility," like the movement of a gate swinging on hinges attached to a post. The molecule, he ventured, also had to wiggle, or rock lightly. In short, the compound seemed to be flexible. Das was excited.

A drug that could wiggle and jiggle — acting like a master key — would be groundbreaking.

The Rutgers group had kicked around the idea of molecular nimbleness for a couple of years and several earlier compounds had shown some degree of bending. But nothing had acted like this. Now it would be the team's job to use crystallography to figure out exactly how the DAPYs worked. The battleground would be a tiny room at the Cornell High Energy Synchrotron Source in Ithaca, N.Y., a favorite destination for the Rutgers crystallographers for more than a decade.

CHESS is one of the world's leading centers for X-ray research in biology and materials science, a 23-year-old facility in Wilson Laboratory under a football field on the vast campus.

The facility's workhorse is the synchrotron, a massive, ring-shaped machine that actually is the size of the field under which it sits. It accelerates subatomic particles almost to the speed of light, producing synchrotron radiation — a form of light researchers shine on molecules, atoms, crystals and other forms of new materials to understand their structure and behavior.

ACCENTS IN STYLING: DAVID S. COOK FOR SCIENCE